

## 紹謨紀念體育館多功能球場使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本球場請著運動服裝及乾淨鞋底之運動鞋。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用本球場應遵守下列事項：
  - (一) 本場地配有伸縮看台，未經許可請勿自行使用；嚴禁私自挪用其他場地之桌椅及配備。
  - (二) 借用單位(人)如有下列之情事之一者，本館得隨時停止其使用，並依法報請處理：
    1. 違背活動宗旨或公序良俗者。
    2. 活動違反教育意義或社會公益者。
    3. 非法集會有不利社會秩序者(含未經核准之集會)。
    4. 使用與申請活動計畫書內容不符或逕行更改轉讓者。
    5. 有安全顧慮或經本校認定其活動有損本場地設施者。
    6. 從事政治性集會或政黨競選活動者。
  - (三) 請共同維護場地整潔，器材使用後請歸位。籃球架、排球柱等非經許可請勿私自移位。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



紹謨紀念體育館多功能球場 114 學年度第 2 學期使用時間一覽表

時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	體育教學	體育教學	體育教學	體育教學
10:00-12:00	體育教學	體育教學	體育教學	體育教學	開放使用
12:00-14:00	開放使用	女籃代表隊(A) 教職員工(B) 男籃代表隊(C)	開放使用	女籃代表隊(A) 開放使用(B) 男籃代表隊(C)	女籃代表隊(A) 開放使用(B) 男籃代表隊(C)
14:00-16:00	體育教學	體育教學	體育教學	體育教學	體育教學
16:00-18:00	體育教學	體育教學	體育教學	體育教學	開放使用
18:00-20:00	男女籃代表隊	開放使用	男女籃代表隊	開放使用	開放使用
20:00-22:00	男女籃代表隊	開放使用	男女籃代表隊	開放使用	體育教學

A:東場地(商館方向)    B:中場    C:西場地

# Shao-Mo Memorial Gymnasium Multi-Purpose Courts

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the multi-propose courts, please note the following:
  - a. Without proper permission, the movable stand/platform, other courts, tables, chairs, benches are not for use.
  - b. Disciplinary action will be taken towards persons who do the following:
    - 1) Any activity other than the prearranged sport.
    - 2) Any activity that's not for educational purposes or public interests.
    - 3) Any illegal activity.
    - 4) Any activity that has not been approved by the gymnasium.
    - 5) Any activity that damages equipment.
    - 6) Any political activity, such as campaigning.
  - c. Please keep the courts clean and tidy and return equipment after use. The basketball stands, volleyball posts, etc. cannot be relocated without permission.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.

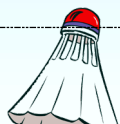
## 2026/02/23~2026/06/29 Timetable for The Multi-purpose Courts



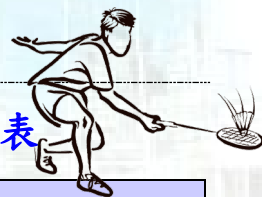
Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Free</b>
12:00-14:00	<b>Free</b>	<b>Basketball Team (AC) The Staff Use(B)</b>	<b>Free</b>	<b>Basketball Team (AC) Free (B)</b>	<b>Basketball Team (AC) Free (B)</b>
14:00-16:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Free</b>
18:00-20:00	<b>Basketball Team</b>	<b>Free</b>	<b>Basketball Team</b>	<b>Free</b>	<b>Free</b>
20:00-22:00	<b>Basketball Team</b>	<b>Free</b>	<b>Basketball Team</b>	<b>Free</b>	<b>Class</b>

# 紹謨紀念體育館羽球場使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本場地請著運動服裝並更換乾淨鞋底之運動鞋。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用羽球場時，應遵守下列事項：
  - (一) 嚴禁拉扯球網、護網及窗簾，以免發生意外。
  - (二) 為合理公平使用本場地，每面球場每組限時 1 小時，若無人等候得延長之。
  - (三) 請共同維護場地整潔，器材使用後請歸位。
  - (四) 球柱、裁判椅等非經許可，請勿私自移位。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



紹謨紀念體育館羽球場 114 學年度第 2 學期使用時間一覽表

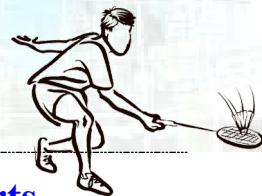


時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	體育教學	體育教學	體育教學	體育教學
10:00-12:00	體育教學	體育教學	體育教學	體育教學	體育教學
12:00-14:00	一般教職員(球場 1.2) 員福會羽球班(球場 3.4.5)	開放使用	教職員時間	開放使用	開放使用
14:00-16:00	體育教學	體育教學	體育教學	體育教學	體育教學
16:00-18:00	體育教學	體育教學	體育教學	體育教學	體育教學
18:00-20:00	羽球代表隊	開放使用	開放使用	羽球代表隊	體育教學
20:00-22:00	羽球代表隊	開放使用	開放使用	羽球代表隊	體育教學



# Shao-Mo Memorial Gymnasium Badminton Courts

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the badminton courts, please note the following:
  - a) To prevent accidents from happening, do not lean on, drag or pull on the nets, safety nets or the divider curtains.
  - b) In order to be fair to others, every court can be used only for one hour, unless there is no one waiting to play.
  - c) Please keep the courts clean and tidy and return the equipment after use.
  - d) Do not relocate the posts or the referee benches.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.



## 2026/02/23~2026/06/29 Timetable for The Badminton Courts

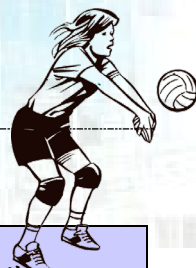
Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
12:00-14:00	<b>The Staff Use</b>	<b>Free</b>	<b>The Staff Use</b>	<b>Free</b>	<b>Free</b>
14:00-16:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
18:00-20:00	<b>Badminton Team</b>	<b>Free</b>	<b>Free</b>	<b>Badminton Team</b>	<b>Class</b>
20:00-22:00	<b>Badminton Team</b>	<b>Free</b>	<b>Free</b>	<b>Badminton Team</b>	<b>Class</b>

# 紹謨紀念體育館排球場使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本場地請著運動服裝並更換乾淨鞋底之運動鞋。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用排球場時，應遵守下列事項：
  - (一) 嚴禁拉扯球網及隔網等，以免發生意外。
  - (二) 請共同維護場地整潔，器材使用後請歸位。
  - (三) 排球柱、標誌竿等非經許可，請勿私自移位。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



紹謨紀念體育館排球場 114 學年度第 2 學期使用時間一覽表



時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	開放使用	體育教學	開放使用	體育教學	體育教學
10:00-12:00	體育教學	體育教學	體育教學	體育教學	體育教學
12:00-14:00	開放使用	開放使用	開放使用	開放使用	開放使用
14:00-16:00	體育教學	體育教學	體育教學	體育教學	體育教學
16:00-18:00	體育教學	體育教學	體育教學	體育教學	開放使用
18:00-20:00	開放使用	男女排代表隊	女排代表隊	男女排球代表隊	開放使用
20:00-22:00	體育教學	男女排代表隊	女排代表隊	男女排球代表隊	開放使用

# Shao-Mo Memorial Gymnasium Volleyball Courts

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the volleyball courts, please note the following:
  - a) To prevent accidents from happening, do not drag or pull on any of the nets.
  - b) Please keep the courts clean and tidy and return equipment after use.
  - c) Do not relocate the posts or the referee benches.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.



## 2026/02/23~2026/06/29 Timetable for The Volleyball Courts

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	Free	Class	Free	Class	Class
10:00-12:00	Class	Class	Class	Class	Class
12:00-14:00	Free	Free	Free	Free	Free
14:00-16:00	Class	Class	Class	Class	Class
16:00-18:00	Class	Class	Class	Class	Free
18:00-20:00	Free	Volleyball Team	Volleyball Team	Volleyball Team	Free
20:00-22:00	Class	Volleyball Team	Volleyball Team	Volleyball Team	Free



# 紹謨紀念體育館桌球室使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本場地請著運動服裝並更換乾淨鞋底之運動鞋。
- 四、本場地嚴禁吸煙、飲食（飲用水除外）、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用桌球室時，應遵守下列事項：
  - (一)球桌、發球機及圍布等請勿任意移動。
  - (二)請勿將個人背包及球帶與物品等，置於球桌上或圍布上。
  - (三)請勿以任何器具敲打球桌或圍布。
  - (四)球網容易受損，請勿任意拉扯。
  - (五)請勿坐在球桌或圍布上。
  - (六)撿球時，請從球桌後方繞行，以尊重其他使用者。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



紹謨紀念體育館桌球室 114 學年度第 2 學期使用時間一覽表

時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	體育教學	開放使用	開放使用	開放使用
10:00-12:00	體育教學	體育教學	開放使用	體育教學	體育教學
12:00-14:00	開放使用	開放使用	開放使用	開放使用	開放使用
14:00-16:00	體育教學	體育教學	開放使用	體育教學	體育教學
16:00-18:00	體育教學	體育教學	體育教學	體育教學	體育教學
18:00-20:00	桌球代表隊	開放使用	桌球代表隊	桌球社	開放使用
20:00-22:00	桌球代表隊	開放使用	桌球代表隊	開放使用	開放使用

# Shao-Mo Memorial Gymnasium Table Tennis Classroom

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the table tennis classroom, please note the following:
  - a. The tables and the ball machines are not to be relocated.
  - b. Do not put bags or personal belongs on the tables.
  - c. Do not hit the tables with any objects.
  - d. Please do not drag or pull the table tennis nets, as they can be damaged easily.
  - e. Do not sit on the tables.
  - f. When a game is in session, do not walk behind the player.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.



## 2026/02/23~2026/06/29 Timetable for The Table Tennis Classroom

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Class</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Free</b>	<b>Class</b>	<b>Class</b>
12:00-14:00	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>
14:00-16:00	<b>Class</b>	<b>Class</b>	<b>Free</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
18:00-20:00	<b>Table Tennis Team</b>	<b>Free</b>	<b>Table Tennis Team</b>	<b>Table Tennis Club</b>	<b>Free</b>
20:00-22:00	<b>Table Tennis Team</b>	<b>Free</b>	<b>Table Tennis Team</b>	<b>Free</b>	<b>Free</b>



# 紹謨紀念體育館重量訓練室使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入重量訓練室請著運動服裝，脫鞋或更換乾淨鞋底之室內運動鞋進場。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用重量訓練室應遵守下列事項：
  - (一) 請自備毛巾擦拭汗水，以免場地濕滑造成意外。
  - (二) 請遵從現場管理人員之指導，並依正常程序使用器材，使用後請將器材歸位。
  - (三) 故意損毀破壞或偷竊器材者，除應負賠償責任外，送相關單位議處。
  - (四) 發現器材損壞時，請立即通知管理人員。
  - (五) 各項音響視訊設備等請依規定借用並遵守使用規範，禁止擅自啟用或任意搬動。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



紹謨紀念體育館重量訓練室 114 學年度第 2 學期使用時間一覽表

時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	體育教學	體育教學	體育教學	體育教學
10:00-12:00	體育教學	體育教學	體育教學	體育教學	體育教學
12:00-14:00	X	X	X	X	X
14:00-16:00	體育教學	體育教學	體育教學	體育教學	體育教學
16:00-18:00	體育教學	體育教學	體育教學	體育教學	體育教學
18:00-20:00	校運動代表隊	校運動代表隊	體育教學	校運動代表隊	校運動代表隊
20:00-22:00	校運動代表隊	校運動代表隊	體育教學	校運動代表隊	體育教學

# Shao-Mo Memorial Gymnasium Weight Training Classroom

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the weight training classroom, please note the following:
  - a. To prevent accidents from happening, please bring a towel to wipe sweat and excess water on the floor.
  - b. The gymnasium is not responsible for any injury that may occur while using the equipment. If you have any questions about the proper use of the equipment, please ask management for assistance. Please return equipment after use.
  - c. Disciplinary action will be taken towards persons who deliberately damage or steal the equipment.
  - d. Any damaged equipment must be reported immediately to management.
  - e. Abide by and respect the rules for using the audio/video equipment. Do not relocate the equipment without permission.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.

## 2026/02/23~2026/06/29 Timetable for The Weight Training Classroom

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
12:00-14:00	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>	<b>X</b>
14:00-16:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
18:00-20:00	<b>Sports Team</b>	<b>Sports Team</b>	<b>Class</b>	<b>Sports Team</b>	<b>Sports Team</b>
20:00-22:00	<b>Sports Team</b>	<b>Sports Team</b>	<b>Class</b>	<b>Sports Team</b>	<b>Class</b>

# 紹謨紀念體育館舞蹈室使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本場地請著運動服裝；脫鞋或更換乾淨鞋底之室內運動鞋進場。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用舞蹈室時，應遵守下列事項：
  - (一) 脫下鞋子一律放入鞋櫃內。
  - (二) 請勿攀坐扶把或置物櫃。
  - (三) 請勿隨意開啟音響設備，如需使用請依規定申請。設備使用後請將電源關閉。
  - (四) 請共同維護場地整潔，器材使用後請歸位。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。



## 紹謨紀念體育館舞蹈室 114 學年度第 2 學期使用時間一覽表

時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	體育教學	體育教學	體育教學	不開放借用
10:00-12:00	體育教學	體育教學	體育教學	體育教學	申請借用
12:00-14:00	體適能促進班	不開放借用	員福會瑜珈班	體適能促進班	不開放借用
14:00-16:00	樂齡課程	體育教學	體育教學	體育教學	體育教學
16:00-18:00	樂齡課程	體育教學	體育教學	體育教學	體育教學
18:00-20:00	申請借用	申請借用	申請借用	申請借用	申請借用
20:00-22:00	申請借用	申請借用	申請借用	申請借用	申請借用



# Shao-Mo Memorial Gymnasium Dancing Studio

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the dancing studio, please note the following:
  - a. Take off shoes and put them in the cabinet. Put clothing and bags in the lockers provided.
  - b. Do not climb on the railings or lockers.
  - c. The audio/video cabinet is not to be used unless an application is submitted in advance. Please switch off the power source after using the audio/video equipment.
  - d. Please keep the room clean and tidy and return equipment after use.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.



## 2026/02/23~2026/06/29 Timetable for The Dancing Studio

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Not Available</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Written Permission Required For Use</b>
12:00-14:00	<b>Class</b>	<b>Not Available</b>	<b>Class</b>	<b>Class</b>	<b>Not Available</b>
14:00-16:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
18:00-20:00	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>
20:00-22:00	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>	<b>Written Permission Required For Use</b>

# 紹謨紀念體育館武術/柔道室使用細則

- 一、本細則依據淡江大學紹謨紀念體育館管理辦法訂定。
- 二、本場地以教學優先，上課期間非該上課班級學生請勿進入。
- 三、進入本場地請著運動服裝，脫鞋或更換乾淨鞋底之室內運動鞋入場。
- 四、本場地嚴禁吸煙、飲食、嚼食口香糖、檳榔及攜寵物入場。
- 五、於本場地運動時，請勿打赤膊、大聲喧嘩或干擾他人運動，以維護自身及現場安全。
- 六、請勿攜帶貴重物品，若有遺失情事發生，本處概不負保管責任。
- 七、使用武術/柔道室時，應遵守下列事項：
  - (一) 請共同維護場地整潔，輔助器材使用後請歸回原位。
  - (二) 嚴禁私自挪用其他場地之桌椅及配備。
  - (三) 嚴禁於墊上從事非練習事項之活動。
- 八、非經許可，本場地之門窗、牆壁均不得用釘針、漿糊、膠水等張貼，並嚴禁煙火等危及公共安全之行為。
- 九、雨傘、雨具等應置於傘架，請勿攜入；個人物品、衣物及提袋等，請放置物櫃內。
- 十、請共同愛護設備，以維護現場安全及設備妥善，詳閱並遵守使用規定及安全須知，若不慎發生意外，本館恕不負責。故意毀損設備器材應負責照價賠償。
- 十一、違反相關規定，經勸導無效者，管理人員得取消使用者權利，並報請學校議處。
- 十二、如有未盡事宜，本館將另行公告之。

紹謨紀念體育館武術室 114 學年度第 2 學期使用時間一覽表

時間	星期一	星期二	星期三	星期四	星期五
08:00-10:00	體育教學	開放使用	開放使用	開放使用	開放使用
10:00-12:00	體育教學	體育教學	體育教學	體育教學	體育教學
12:00-14:00	開放使用	開放使用	開放使用	開放使用	開放使用
14:00-16:00	體育教學	開放使用	開放使用	體育教學	體育教學
16:00-18:00	體育教學	開放使用	開放使用	開放使用	體育教學
18:00-20:00	跆拳道代表隊 空手道代表隊	跆拳道代表隊	跆拳道代表隊 空手道代表隊	跆拳道代表隊	空手道代表隊
20:00-22:00	跆拳道代表隊 空手道代表隊	跆拳道代表隊	跆拳道代表隊 空手道代表隊	跆拳道代表隊	空手道代表隊

# Shao-Mo Memorial Gymnasium Martial Arts and Judo Classroom

1. The rules for these courts are determined in accordance with the rules of Shao-Mo Memorial Gymnasium.
2. Students have first priority in the use of these courts. Students not registered for class are not allowed to enter the courts.
3. Proper attire (including clean and sneakers that do not leave marks on the courts) is compulsory upon entrance to these courts.
4. Food, drink (except for water), chewing gum and beetle nut are not permitted in the gymnasium. Smoking and the use of any other tobacco products are prohibited. No pets are allowed in the courts (except for guide dogs).
5. Do not disturb others by making loud noises. Proper behavior is required at all times in the facility. All users of the facility must be appropriately and sufficiently clothed at all times.
6. The gymnasium will not assume responsibility for any personal property lost.
7. While using the Martial Arts and Judo Classroom, please note the following:
  - a) Please keep the room clean and tidy and return equipment after use.
  - b) Chairs, benches and other equipment cannot be used without permission.
  - c) Food, playing cards or sleeping are strictly forbidden.
8. Do not use nails, paste, glue, etc. on doors, windows or walls without permission. Smoking and lighting fires are strictly forbidden. Vandalism, damage to property and any violations of public safety are prohibited.
9. Umbrellas and other rain gear are to be left on the umbrella stands. Please put personal goods, clothing or bags in the lockers provided.
10. Please take care of all equipment. Use of equipment is at the user's own risk. Read the rules carefully before use. The gymnasium will not be held responsible for any injury. Those who damage property or equipment will be expected to pay for the damages.
11. When these rules are violated, management will terminate the violator's privilege to use these courts. The university will take the appropriate disciplinary action.
12. Any changes to the rules will be announced.



## 2026/02/23~2026/06/29 Timetable for The Martial Arts and Judo Classroom

Time	Monday	Tuesday	Wednesday	Thursday	Friday
08:00-10:00	<b>Class</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>
10:00-12:00	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>	<b>Class</b>
12:00-14:00	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>
14:00-16:00	<b>Class</b>	<b>Free</b>	<b>Free</b>	<b>Class</b>	<b>Class</b>
16:00-18:00	<b>Class</b>	<b>Free</b>	<b>Free</b>	<b>Free</b>	<b>Class</b>
18:00-20:00	<b>Tae Kwon Do Team Karate Team</b>	<b>Tae Kwon Do Team</b>	<b>Tae Kwon Do Team Karate Team</b>	<b>Tae Kwon Do Team</b>	<b>Karate Team</b>
20:00-22:00	<b>Tae Kwon Do Team Karate Team</b>	<b>Tae Kwon Do Team</b>	<b>Tae Kwon Do Team Karate Team</b>	<b>Tae Kwon Do Team</b>	<b>Karate Team</b>